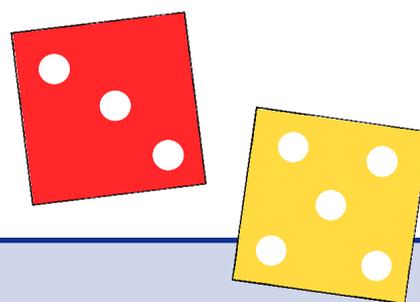


awareness activity PLAN

Tasks to be completed	Resources needed	By when	By who
Speak to senior management to get support for the activity Canvas other staff for support if playing in every ward and department	Outline plan on paper		
Identify sponsors if necessary	Identify likely sponsors e.g. service provider Letter requesting sponsorship Letter confirming sponsorship		
Prepare resources to play game	Make copies of game for each ward and department Collect enough counters and dice or Collect tape or chalk and a dice Prepare the text for each block		
Prepare a timetable for playing the game if playing in all wards and departments			
Conduct the activity	Arrange photographer and media publicity if appropriate		

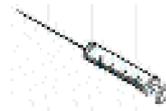


How to play the **Waste Game**:

1. To play, you will need a dice and a different coloured button or counter for each person. If players are playing the life size version of the waste game, the players themselves will act as the counters.
2. Each person will move forward according to the number shown on the dice. For example, if a player throws a two, he/she moves forward two blocks.
3. Each player must follow the instructions of the block they land on. If the block says: 'You put sharps in the sharps container. Go forward four blocks', then the player must move forward four blocks. If the instruction says: 'Move back three blocks', then the player must move back three blocks.
4. The winner is the first person to reach the end!



THE WASTE GAME



START								
1		5 You forget to thank the general assistant for cleaning the bins in your ward. <i>Go back two blocks.</i>	6 You do not report a sharps container without a lid. <i>Go back two blocks.</i>	7 You report a red liner that has split open. <i>Go forward three blocks.</i>				
2 You put sharps in the sharps container. <i>Go forward two blocks.</i>	3	4			8			
				9 You attend training about how to segregate waste <i>Go forward one block.</i>	10	11 You put a soiled nappy in a bin with a black liner. <i>Go back three blocks.</i>		
20 You put a drinks can into a red liner. <i>Go back one block.</i>	19	18					12 You put a needle and syringe into a red liner. <i>Go back to the start.</i>	
21		17 You do not report a needle stick injury to your supervisor or safety representative. <i>Go back four blocks.</i>	16	15	14 You show the doctor on your ward the bin with the red liner for latex gloves. <i>Go forward two blocks.</i>	13		
22 Bins are clean and the area is tidy. <i>Go forward two blocks.</i>	HOW WELL DO YOU HANDLE YOUR WASTE?							
23 You put old papers in a red liner. <i>Go back two blocks.</i>	24	25 You tell new staff what general waste is. <i>Go forward three blocks.</i>			29 You drop a needle and syringe on the floor. <i>Go back three blocks.</i>	30 You read the <i>Code of Practice</i> for Waste booklet. <i>Go to the end!</i>	Congratulations! You know how to handle waste.	
						END		
	26	27 You learn the name of the Health Care Waste Officer. <i>Go forward one blocks.</i>	28					

Rules:

- Two to four people may play the game.
- To win, you must land on the last block. For example, if you throw a five, and you only need a three to finish, you must count back for two blocks.

AWARENESS ACTIVITIES FOR CARE OF THE ENVIRONMENT & RECYCLING

There are three examples of awareness activities in this section.
These are:

1. Making cardboard models
2. Arranging an exhibition by an external company
3. A school's painting and mural competition

Each awareness activity is accompanied by a description of the activity, the target groups and the main message to be communicated.

You can choose to implement one of these awareness activities in your health care facility. To do this you need to set up your task team and complete the awareness activity plan.

Often the first activity is to produce an outline plan that you can present to others and to senior management to secure their buy-in and co-operation with your plan. This does not have to be a very detailed plan. Plan to write a page about your intentions and then you can attach a completed awareness activity plan.

REMEMBER

All of these
activities can be
adapted to
communicate other
messages

Something to THINK about

A successful awareness activity is well planned.

Use the colour coding to identify three components of an awareness activity.

the ACTIVITY

the MESSAGE

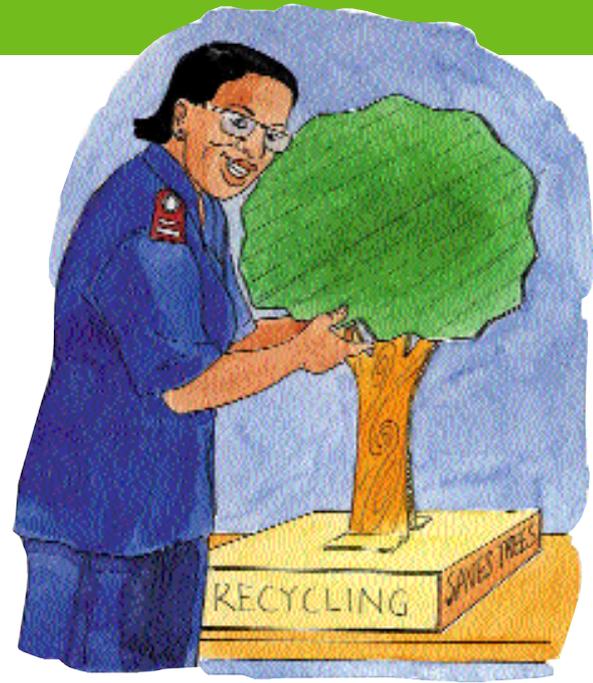
the TARGET GROUP

Make sure you have thought about all three!

AWARENESS ACTIVITY

Making cardboard models

the ACTIVITY Many health care facilities send cardboard for recycling. In this activity, make a model out of cardboard to promote the importance of recycling cardboard. Encourage all wards and departments to be creative and make a model. Even patients may be happy to participate in this activity. Make sure that each participating ward and department has enough cardboard boxes. You may also need to provide glue, sellotape and paint. Provide a short information sheet about the importance of recycling to help wards and departments plan their models. Allow one week for the completion of the models.



Display the finished models in your health care facility. Present a prize for the best model.

the TARGET GROUP All medical and non-medical staff, patients and visitors

the MESSAGES

1. Recycle cardboard and protect our environment
2. Recycling cardboard makes money for our health care facility and/or recycling cardboard supports members of our community

awareness activity PLAN

Tasks to be completed	Resources needed	By when	By who
Speak to senior management to get support for the activity	Outline plan on paper		
Secure prizes	Identify likely sponsors e.g. recycling company Draft letter requesting prizes Draft letter confirming prizes		
Prepare information sheet about the activity and the reasons why recycling is important	Photocopying		
Distribute materials for model making	Cardboard, sellotape, paint, glue		
Identify judges for the competition	List of names		
Display the models and award prizes to the winners	Refreshments for judges		

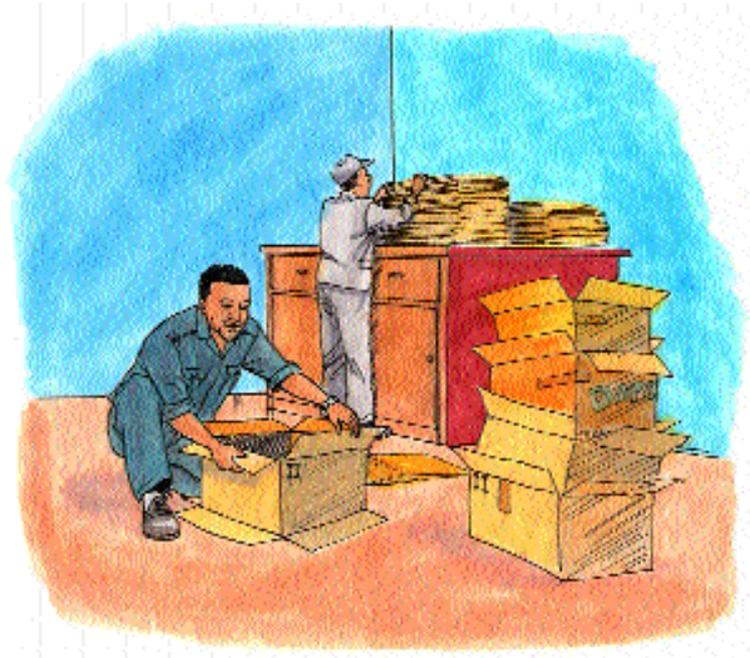
AWARENESS ACTIVITY

An exhibition by an external company

the ACTIVITY Specialist recycling companies or environmental NGOs often have display boards, videos or other materials about the value of recycling. Ask a recycling company to put up a display or exhibition or show a video in your health care facility about the advantages of recycling cardboard, paper and glass. Arrange a time when there are plenty of people to visit the exhibition or to watch the video.

Make sure that if an exhibition is left up in your health care facility that there is adequate security to protect the display from damage.

the TARGET GROUP All medical and non-medical staff, patients and visitors



- the MESSAGES**
1. Recycle cardboard, paper and glass and protect our environment
 2. Reuse paper and protect our environment
 3. Recycling makes money for our health care facility

awareness activity PLAN

Tasks to be completed	Resources needed	By when	By who
Speak to senior management to get support for the activity	Outline plan on paper		
Identify a recycling company to provide an exhibition or video	Draft letter of request Draft letter of confirmation		
Prepare internal circular for staff about the exhibition or video presentation			
Host the exhibition or video presentation	Refreshments for visitors from recycling company		

AWARENESS ACTIVITY

Schools painting and mural competition

the ACTIVITY Good health care waste management not only protects the health and safety of workers and patients in a health care facility but it also ensures that medical waste does not contaminate our environment. If medical waste goes to a landfill site then children and/or waste pickers at the site can be exposed to this waste because of other people's negligence. It also results in hazardous waste from your health care facility contaminating the environment. This activity aims to make staff, patients and visitors aware of the dangers of negligence.

Host a local school/s painting competition about the dangers of medical waste on landfill sites. Approach your hospital or clinic board for help. The activity is a good opportunity to inform this important structure about your commitment to better health care waste management. It will be easier for community leaders from your board to secure the support of a local school/s. At the school, identify which children will participate in the competition. Then show these children either a video or pictures of a landfill site and pictures of medical waste. Then ask the children to paint a picture about what they have learnt. You may need to provide paper and paint.

When the paintings are complete, arrange for someone to judge the pictures. Ask your judge to select the picture that best communicates the problems of medical waste being found on a landfill site. Then find an artist who will volunteer to paint the winning picture as a mural on a large wall inside your health care facility. Remember to involve the winning school artist in the reproduction of his/her painting. Again, you may need to get the paint donated. A local tertiary institution with an art department may be interested to involve their students in your project.

the TARGET GROUP Local school children, patients, visitors, all medical and non-medical staff

the MESSAGES

1. Keep our environment safe from hazards
2. Put all medical waste in red liners
3. Put sharps in sharps containers only

awareness activity PLAN

Tasks to be completed	Resources needed	By when	By who
Speak to senior management to get support for the activity	Outline plan on paper		
Speak to your hospital or clinic board Meet with local school	Outline plan		
Identify possible judges	List of names		
Brief children about the painting competition	Video of landfill site Pictures of medical waste Paper and paint		
Arrange for artist to complete mural	Letter of request to local tertiary institution Paint		
Thank you letter to all participants	Letter to hospital or clinic board Letter to participating school Letter to mural artist/s		

AWARENESS ACTIVITY PLAN

Description of Awareness Activity: _____

Date of commencement: _____

Target group/s: _____

Task team: _____

Message: _____

Date of completion: _____

Tasks to be completed	Resources needed	By when	By who

EVALUATION OF AWARENESS ACTIVITY PLANS

Activity name: _____

Date: _____

In your task team, discuss the following questions:

1. Do you feel satisfied with the awareness activity?

If no, why not?

If yes, why?

2. Did you get good feedback from staff?

Discuss some of the feedback and list what should be remembered for future planning:

3. Did you follow the activity plan that you drew up?

If no, what changes did you make? List these:

4. Did staff actively participate in the activity?

If no, why not?

If yes, why?

5. Was the small media (e.g. stickers) used, successful?

What were the reasons?

6. Are you ready to identify another activity and begin working on it?

If so, what is it?